

Girls Education Program (2024-2028)

Quarterly report
July 16, 2024 – November 15, 2024

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Last but not least, I would extend sincere gratitude to the sponsored children and their family members for their dedication, participation, supports, and trusting to CID-Nepal and My 100 Percent.

Arjun Mani Guragain

1. Introduction:

It is common that girls dropped out ratio is the one of the major issues in Nepal compared to boys in the school, especially from the primary to secondary level is which shows low girl student's continuation school. From the CID- Nepal field experience, learned that the parents work at low wages and are exhausted in the evening. Some drink alcohol to reduce their tiredness and pain. Hence, they can consume their daily income purchasing alcohol and food and do not have enough to save for the next day.

It is obvious that some low-income parents are unable to allocate their earnings for their children's education. There are many other costs associated with education besides monthly fees and textbooks, such as annual fees, stationary, uniforms, extra class fees, and hygiene materials.

The 2nd phase of our Stay in School Program has been implementing after the SWC approved on January 1, 2024. This scholarship scheme supporting to the beneficiaries in not only to the academic field but also benefit for their health care, mental and psychosocial well-being, to adopt positive attitude, class retention and encouraging for study.

2. Objectives:

- Minimize school drop-out cases and encourage girls to continue school through at least high school and improve their health and academic performance by providing logistic support and counseling
- Improved relationship between sponsored girls and their families through different interactive sessions and follow up visits.
- Provide bicycle to the girl's students through bicycle sharing program who walk more than 20 minutes and needs to travel frequently to resident to school to resident.

3. Carried out activities:

Following activities were carried out to achieve the objective of the project.

A. Logistic supports:

As always conducted meetings with different schools' students to assess the sponsor girls need. Then purchased materials were packed for each individual sponsored girl by social mobilizers, sponsored girls. We distribute these materials on the quarterly basis pay extra class.



Figure 1: After quarterly package distribution at the CID- Nepal field office and in the field

Likewise, we also follow up their academic performance by interacting with the students and teachers. I personally visit schools and follow up their school attendance and internal exam results. We discuss with the girls based on their academic achievement. We also called their parent/local guardians. As a result, most of them attended school more than 90%. We (Social Mobilizer) also do visit their residents and check their stationary time to time, and encourage for the best use. We calculate their school attendance quarterly and acknowledge/award for those who attend school 100%.

We also do Follow up their health issue while we meet them or while SM visit them. Now, they shared their issue openly.

Activities:

In the field level:

- Distributed education/hygiene materials to the sponsor girls.
- Helped high school (+2) level study to our sponsor girls for those who complete SEE and 11 grades exams.

- Enrolled 6 post graduate students in Sukuna Campus
- Supported health Checkup and Medicines
- Cycle distributed through cycle sharing program
- Developed linkage with local college and participated with local organization's activities
- Organized Social auditing, and get together program

Kathmandu based activities:

- Submitted annual report to the Social Welfare Council. Harihar Bhawan, Lalitpur.
- Conducted Annual General meeting
- Conducted board meetings
- Welcome Ms. Adarsh Mehta Madam Director My 100 Percent Canada
- Organized interaction between CID- Nepal's board members and My 100 Percent Director Ms. Adarsh Mehta

Distributed education/hygiene materials to the sponsor girls.

CID-Nepal has distributed support materials from our contact office. Our girls taken their needed items with signature, we tried to take pictures. For logistic supports we invited girls at our contact office and we discussed with them regarding their present issues and challenged issue. Accordingly, we plan further field visit strategy. And finally, handover the packages to the girls.

Through the Bicycle sharing program, it is reduced significantly family financial burden and encourage girls to do labor hard and attend school regularly. Few of the girls could not use bicycle due to lack of the funds to repair the bicycles and we offered the repairments cost.

The following table reveals the girl's feelings by comparative information before we sponsored and now. She is much confident for her future goals.

Table 1: Comparative chart of one girl's feeling of before and after receiving our support

Sponsored girls' expressions after receiving logistic supports; School fees, warm clothes, uniforms,	
Before: <ul style="list-style-type: none">• Feeling of helpless as my mother is sick, father left alone• My future is not sure as, my mother can't earns enough for room and food, always hard to purchase stationaries, medication on time.• My mother did fell from 3rd story and broke her ribs and still can't work heard, neighbor offered some time food seeing our condition.• Feeling of hesitation, low and no confident as we didn't have money to pay fees on time.• Feeling of shy to share feeling about issues that occur at school and at our home	After: <ul style="list-style-type: none">• We are glad to receive require fees from CID-Nepal. There is someone to help when we need.• We have developed self-motivation and encouragement after understood CID-Nepal and My 100 percent will listen our feelings and try to solve our issue which our parents can't• CID-Nepal committed to support my education, they will cover all expenses require for study.• I am pleased and happy to share my feeling with Arjun sir openly and honestly as he is our mentor.• Thank you, CID-Nepal/My 100 percent for not only materials support, paying our fees but also for motivating, encouraging, regular counseling and caring us through bachelor.

S. Magar is from Sindhupalanchowk district but temporarily staying in the Sunder Haraincha 8, Morang with her ill mother. She is studying in grade 8 and doing her best. She wanted to study optional math and wanted to study engineering. She thinks it is great profession but poor mother she is not able to purchase less expensive notebooks, uniform and how she can help her dream true? Her father left them alone many years ago. Her mother is from Chaudhary ethnic group. According to Saraswati's mother and she did not give birth of son and left them alone.

After she met CID-Nepal/ My 100 percent representative at the field office, she is developing hope and confident. She wanted to complete her bachelor in education and become dignified and dedicated and friendly teacher and support needy students.



B. Counseling to higher secondary School girls

CID-Nepal is regularly discussing, encouraging and motivating to continue stay in school program. We believe that our sponsor girls are dedicated in study and get better achievement in higher level. As a result, they have been trying their best. 100 % attendance cases are increasing, and fewer are still struggling to maintain 90% attendance. We remind them that 55% mark in the SEE should be achieved to get plus 2 scholarship.



Figure 2: With grade 10 girls for counseling, motivating, encouragement and reinforce our guideline

C. Medical support:

CID-Nepal has covered following girl's medical expenses. M. Karki, who is studying at grade 7 at Himalayan Basic School and her face was not normal and family member specially mother knew that her face is not normal but did not take her hospital. When CID- Nepal's staff did notice this issue, encouraged family member to take her hospital. They took cases to the Nobel hospital and it is diagnosed facial palsy. Dr. asked for MRI and blood tests. Our Social mobilizer did Accompany them. And Arjun also was in for the send opinion. Likewise, we supported for M. Thapa 's health treatment. Both of them well now. Likewise, Alina Sherpa had headache and we took her eye checkup and treatment



Figure 3: Girls who received medical expenses and emotional support

Post-Secondary Students:

The following students are studying post-secondary (Bachelor) course.

1. Aaisha Karki: Education(B.ed)
2. Hima Parajuli: Education (B.ed)
3. Soni Urau: BA
4. Rajana Mehta: BBS
5. Lakpa Sangmu Sherpa: BBS
6. Kala Tamang, BBA (50% contribute)



Figure 4:6 Bachelor studying students

D. Bicycle sharing program:

Bicycle Sharing program is the 2nd popular program. This supports encourage girls to continue school significant way. Due to the cycle facility, girls have been attending school regularly on time and studying extra class frequently, they eat breakfast on time,

S.N	School Name	Number of cycles
1.	Himalayan Basic School, Belepur	9
2.	Nabajyoti Basic Schol, Kumar gaun	2
3.	Mahendra Secondary School, Sukrabare	9
4.	Jyoti Secondary School, Maheshwor Jhoda	9
Total		29

We distributed 29 cycles while My 100 percent's executive Director Ms. Adarsh Mehta visited in November 2024. During cycle distribution program, we invited school management team, ward representative. While we gave talk, we raised issue that we want to work in sharing basis. Local govt. Should be involved, participate in the program. Different ward gave the word that they also like to participate in the next fiscal year. We have scheduled to handover more 10 bicycles within 2024. Likewise, we took back 5 bicycles from girls, who are not using bicycle and given to new five girls. We did also assist for repairing more than 6 bicycles



Figure 5: My 100 Percent Director participation in the bicycle hand over program as a chief guest

We had done follow-up visits to the different schools and met with our students who received bicycles semiannually. Purnima Dargi of grade 12 received cycle as Roksana khatun married after grade 12 board exam. Sornima Limbu got cycle from Simran Limbu as she decided to search a job after grade 12 board exam. Deepa Ghimire and Kala Ghimire received cycles from Bhumika Urau and Nirmala Karki who were not using cycle but their relatives were using,

We observed that the students have been using bicycles regularly. If they do not use for said purpose we take back and give to other individuals who may use regularly. As always, more request is there for more cycles.

E. Organizing a Get-together Program

Our sponsor girls organized a get together program of our entire sponsor girls. Main objectives of the program were to welcome Ms. Adarsh Madam and share their hidden talents among the sponsor girl's family members. We shared with them that we are a huge family member, we have to heap each other. Entire cultural program was designed by themselves. One of the senior girl Kala Tamang was a chair of the program and Ayusha Acharya shared the MC but mostly done by Chandrakala BK.

We had invited 6 school principals, ward representatives, few of them spoke and welcomed Adarsh Madam and appreciated a wonderful Stay in School programs. Everyone shared that visiting once in a year and having interactions with beneficiary, local stake holders is remarkable. Program is implementing extremely well in a leadership of Dr. Arjun sir. A few of the girls shared their feelings that they are lucky to get full scholarship program and honor to welcome everyone.

Likewise: we formulated a student's committee anonymously. Chandrakala BK, chair, Reshma Bhusal become secretary, Puja Karki become Treasurer, Alina Sherpa, Puja Majhi become members. They can talk to their sisters and bring on attention to us, if necessary. They can be a role model for other students.



Figure 7: Glimpse of Sponsor Students get- together Program

F. My 100 Percent Director's visit to project area

My 100 Percent's executive Director Ms. Adarsh Mehta visited Stay in School project area at the end of 2024. She did not only attend welcome program organized by sponsor girls but she also visited sponsor girl's residents, discussed with principals, met with school teachers, head masters, discussed with different students' groups. She also participated in interview to select possible cycle users, and in the cycle distribution in different schools. Her main concern was how to minimize school dropout below grade 10.



Figure 7: Picture taken during Madam Adarsh Mehta's Nepal's and field visit 2024,

She also did two-home visit, discussed with the sponsor girls in both individual and in a group, visited Sukuna Campus, visited different schools, met govt. stake holders. Her visit made everyone happy, motivated and thankful for choosing education as a primary program.

4. Budget:

The following table shows the expenditure of Stay in School program lunched through the CID- Nepal for the last 4 months from July 16, 2024 to November 15, 2024. The total expenses were Rupees **1,036,999.23**. We had paid field staffs for 5 months' salary includes one month as festival allowance.

Particulars	Amount
Tax, Registration & Renewal Fee	9,408.00
Repair & Maintenances	16,156.00
Communication Exp.	2,900.00
Office Exp.	12,331.00
Accountant remuneration	22,009.00
Contingency	66,546.00
Office sharing in field	12,011.00
Field visits	27,400.00
Local transport	18,510.00
Food & Ref.	4,535.00
Sponsoring Girls Grades 6 to 10	73,933.00
11 science scholarship	84,117.00
11 Management / Education	275,814.00
12 th Grade Science	15,469.50
12 Management/ Education	52,657.00
Diploma in engineer	63,000.00
medical	1,950.00
Cycle repair and replacement	4,615.00
Post-secondary Bachelors course	152,088.00
Audit fee	25,000.00
Paid to last quarter exp	96,549.73
Total (Rs.)	1,036,999.23

Table 2: The expenditure for July 16th till November 15th, 2024

5. Future plan (next Qatar)

- ✓ Continuation of the Stay in School sponsorship program and bicycle sharing program
- ✓ Conduct, Board meetings and parents' meetings
- ✓ Select next 38 students for cycle sharing program, follow up ward partnership to distributing bicycles
- ✓ Select 3 students for vocational classes like haircut and, beauty parlor, cooking, phone repair
- ✓ Organized awareness campaign through class on Dignified Menstrual, GBV partnering local university students.

6. Conclusion:

We learnt from the field that lacking of educational and other hygienic materials are the primary causes to low enrollment and early school dropout. We are supporting for logistic support like: uniforms, paying annual fees,

extra class fees, stationaries, pay for health insurance Likewise, many cases, girls absent of school due to the late to the school. Bicycle sharing program is also a good program to motivate attend school timely manner. Hence, with small scale, CID-Nepal/My 100 percent has been jointly contributing after getting approval from the SWC to improve girl's education and health status and achieve objectives. Once again, a lot of appreciation to My 100 Percent and CID- Nepal's board for assisting, encouraging and following up the Stay in School program.



Sources: Cycle distribution sharing by respective schools, get-together program was published in news:

1. <https://www.facebook.com/mukti.dahal.3386>
2. https://shikharbaaskhabar.com/?p=7031&fbclid=IwY2xjawHZyRdleHRuA2FlbQIxMAABHQJ1cRFuQUxjuMxrdhJd6X3c1IO0O-dGetcc4k_Zw9lAqSduPbmFIa075g_aem_qHJHSn67bX85T3k2GAXcmg
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